

Client comments

Barclays Corporate Banking
Birmingham
2013

"20 minutes of calm in the middle of a busy week!"

I really look forward to my fortnightly massage as the opportunity to take some time out from a busy day job and two young children – it's time to stop for 20 minutes and have the opportunity to refocus and go back to work refreshed. It's just lovely.

Thank you Donna and the Go Wellbeing Team!"

Nicola, Senior Operations Manager

"Absolutely fabulous.

A welcome calming respite which revitalises and energises within a challenging work environment. I leave feeling calm and ready for anything. Wonderful"

Diana

"All our jobs are really busy and it is easy to forget to take time for yourself. I really value my fortnightly massage, which helps me to relax and take that time for me"

Simon, Senior Operations Manager

"In the past I have suffered with severe pain in my neck and back. By having regular massages with the Go Wellbeing team, I have found the benefits to be fantastic! If I miss a session, I soon notice the difference, and now plan this as part of my work schedule. It means I am far more comfortable at my desk, and far more relaxed on a day to day basis. I would definitely recommend this as a preventative measure to all my colleagues."

Wendy

"The onsite massage is a great stress reliever in the middle of a busy day. Not only does it de-stress me, it invigorates me when I go back to my desk to carry on my working day."

Graham

"I was introduced to Go Wellbeing in 2011 when I was Head of the Corporate Banking Operations Wellbeing Committee. After meeting with Donna Davis and receiving a complimentary massage I was quite literally 'hooked'.

Donna and I worked together to identify a way in which our staff could benefit from this excellent massage service.

Donna tailored a bespoke benefits package and when launched to our staff it created an immediate buzz around the office and Donna was inundated with bookings. This remains the case today.

Feedback from both staff and the Corporate Operations Business has been extremely positive, with a reduction in staff absenteeism and an increase in staff morale.

Go Wellbeing definitely have healing hands!"

Nicola, EMEA BCM Controls & Governance Manager

"I thoroughly enjoy my massage with the Go Wellbeing team. They are very professional and will discuss any worries aches and pains that you have to ensure they give you a tailored service. I always come out feeling invigorated and ready to face the remainder of the day."

Fiona